

# Engaging with ARLINGTON COUNTY

## STORIES OF IMPACT

Each year, Arlington, Alexandria, and Fairfax 4-H partner to send approximately 130 youth to overnight 4-H Camp. Supervised by trained teen counselors, campers spend a fun-filled week trying new activities like archery, canoeing, and ropes courses. Each day includes pool time, team building, and a roaring campfire. Throughout this action-packed week, youth build life skills. After camp, the percentage of youth who reported that it was easy to try new things increased from 62% to 77%, and the percentage who said it was easy to express their opinion increased from 62% to 80%. One teen remarked that camp taught her “how to help younger children and be a leader,” and another reported that he “gained confidence in working with others.”



4-H Camp encourages youth to overcome fears and face new challenges in a safe, supportive environment.

## AN AGENT OF POSITIVE CHANGE

“Arlington and Alexandria Master Gardener and Master Naturalist volunteers plant trees, remove invasive plants, teach children, reduce pesticide use, and create greater acceptance of insects and wildlife in our urban communities. Our 30,000+ hours of annual service, with nearly 100,000 educational contacts, speak for Extension’s value in our community.”



**Kirsten Conrad**  
Extension Agent  
Agriculture and Natural  
Resources

## COMMUNITY VOICES

“Virginia Cooperative Extension’s food demonstrations continue to be a very popular program here at Langston-Brown Senior Center. Our participants enjoy getting nutrition tips and recipes, and being able to taste a recipe before they try to prepare it at home.”



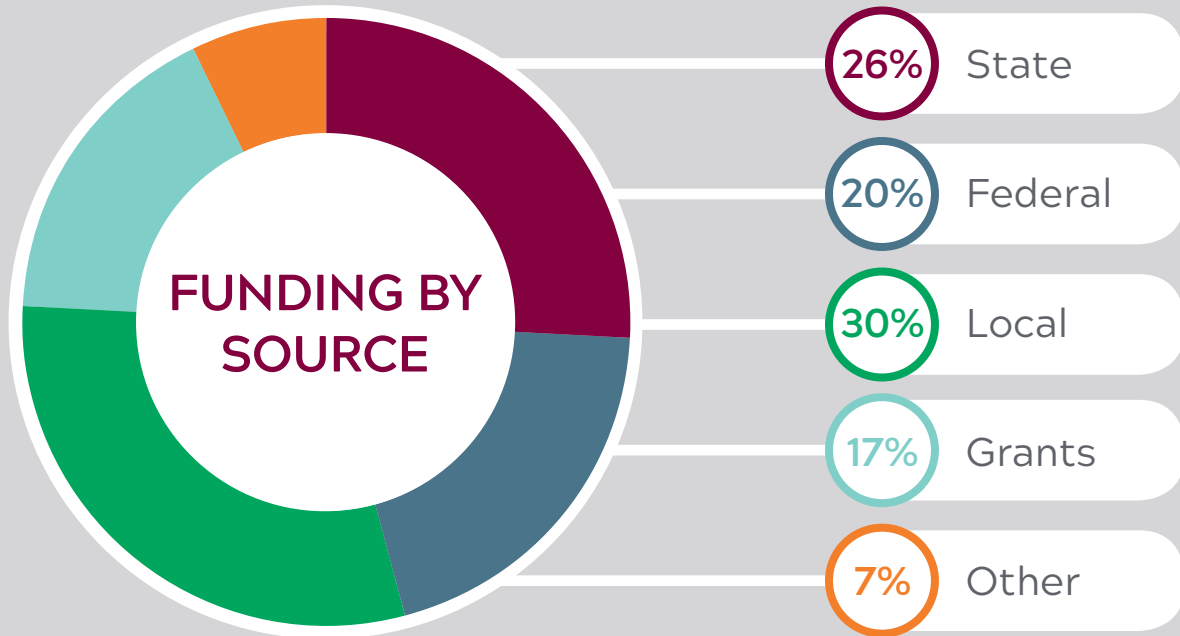
**Elizabeth Poole**  
Director  
Langston-Brown  
Senior Center

## GET IN TOUCH

3308 S. Stafford St., Arlington VA 22206  
arlington.ext.vt.edu | 703-228-6400 | 

# ARLINGTON COUNTY BY THE NUMBERS

## TOTAL FUNDING: \$408,268



### OUTREACH BACKED BY RESEARCH

Virginia Agricultural Experiment Station researchers and specialists work in Blacksburg and at the state's 11 Agricultural Research and Extension Centers to create knowledge that benefits the commonwealth. They then share this knowledge with Virginia Cooperative Extension agents, who share this information with the citizens of Virginia to help individuals, businesses, and communities thrive.



## \$11.60

RETURN ON INVESTMENT  
FOR EVERY DOLLAR INVESTED BY THE  
COUNTY IN **ARLINGTON COUNTY**

## \$1,139,972

VALUE OF EXTENSION  
VOLUNTEER HOURS IN  
**ARLINGTON COUNTY**

